



FREE REGISTRATION

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BASKETBALL PLAYERS!!!

GRADES: 5th, 6th, 7th, 8th

“BACK TO SCHOOL”

SKILLS DEVELOPMENT AND TRAINING CAMP

“ONE DAY EVENT” – SATURDAY, AUGUST 19th, 2017

TIME: 9:00 AM – 1:00 PM

LOCATION: APV RECREATION CENTER GYM

445 MARIGOLD AVE. POINCIANA

POINCIANA RESIDENTS- ALL LEVELS; BEGINNERS, INTERMEDIATE, AND AAU PLAYERS ARE WELCOMED.

FACILITATORS/INSTRUCTORS: HIGH SCHOOL COACHES, CERTIFIED AAU COACHES, FORMER COLLEGE, HIGH SCHOOL PLAYERS.

SIGN-UP DEADLINE IS: FRIDAY, JULY 28, 2017

COME OUT AND GET HIGH LEVEL TRAINING AND HAVE SOME FUN.

WE WILL HAVE SKILL STATIONS FOR THE FOLLOWING: DRIBBLING, SHOOTING, DEFENSE, REBOUNDING, AGILITY DRILLS AND MORE...

LIMITED TO 50 “CAMPERS” (FIRST 50 WILL CAMPERS RECIEVE T-SHIRTS)

ALL CAMPERS MUST HAVE PARENT OR GUARDIAN COMPLETE WAIVER/REGISTRATION FORM TO PARTICIPATE.

SIGN-UP@ WWW.MANHASSETALLSTARS.ORG Complete “Contact Us” section (message/comments) with details: player’s name, age, grade, and gender and P/U FORMS AT THE APV GYM; 445 MARIGOLD AVE. POINCIANA.

PLEASE LIST an Adult’s **CELL PHONE NUMBER** SO YOU CAN RECEIVE A TEXT CONFIRMATION.

TIMELINE:

9:00 – 9:30	REGISTRATION/SIGN IN
9:30 – 9:45	INTRODUCTIONS
9:45 – 11:45	STATIONS/TRAINING
11:45 – 12:00	BREAK
12:00 – 12:45	GAMES – 3X3 HALF COURT
12:45 – 1:00	CLOSING REMARKS



STATIONS: 20 MINUTES ROTATION

1. *DRIBBLING*
2. *FORM SHOOTING (HOOP)*
3. *AGILITY LADDER*
4. *BOX OUT (BULL IN THE RING)*
5. *EIGHT CONE START/STOP DRILL (TIMED)*
6. *LAYUPS (HOOP)*

(Please Print) (FIRST NAME/LAST NAME)

Participant's name: _____

SKILLS DEVELOPMENT/TRAINING CAMP - REGISTRATION FORM/WAIVER – PLEASE READ

ASSUMPTION OF RISK/LIABILITY RELEASE AND INDEMNITY: I understand that there may be risks involved which are not known to me or to the Released Parties, and may not be foreseen or reasonably foreseeable by any of us at this time or at the time of the Event/Activity. My Son/Daughter agree to assume all of the foregoing risks, which risks may include, among other things, muscle injuries and broken bones, as well as the risk of any negligence by other participants or by the Released Parties, and the risk of injury caused by the condition of any property, facilities or equipment used during the Event, and accept personal responsibility for any injury (including, but not limited to, personal injury, disability, dismemberment and death), illness, damage, loss, claim, liability, or expense, of any kind or nature, that I or my Son/Daughter property may suffer arising out of or in connection with my participation in the Event/Activity.

On my own behalf, and on behalf of my heirs, executors, administrators and next of kin, I hereby release, covenant not to sue, and forever discharge the Released Parties (as defined below) of and from all liabilities, claims, actions, damages, costs or expenses of any nature ("Claims") arising out of or in any way connected with my participation in the Event/Activity, and further agree to indemnify and hold through and including any appeal. I understand that this release and indemnity includes any Claims based on the negligence, action or inaction of any of the Released Parties and harmless from and against any and all such Claims including, but not limited to, all attorneys' fees and disbursements up through and including any appeal.

I understand that this release and indemnity include any loss by theft or otherwise, whether suffered by my Son/Daughter before, during or after such participation. For the purposes hereof, the "Released Parties" are "MANHASSET ALLSTARS INC", "VENUE OWNERS", Jr. NBA and their respective parent, subsidiary, affiliated or related companies, the Event host, the sponsors, Event contractors, and each of their respective parent, subsidiary, affiliated or related companies; any and all staff, and the officers, directors, employees, agents, contractors, sub-contractors, representatives, successors, assigns, and volunteers of each of the foregoing entities.

I grant permission to the MANHASSET ALLSTARS INC, Jr. NBA, and "VENUE OWNERS" and their respective parent affiliated or related companies, and sponsors to utilize my Son/Daughter name, voice, statements, photograph, image, likeness, actions and/or graphical data in any live or recorded form (including, but limited to, any form of video display or other transmission or reproduction), in whole or in part, for promotional, commercial or any other purpose, in perpetuity worldwide in any media, whether now known or hereafter created without any additional consideration.

PARENT/GUARDIAN MUST COMPLETE: (PRINT/SIGN)

PARENT/GUARDIAN NAME (FIRST/NAME):

ADDRESS: _____

Parent/Guardian Signature: _____ CELL PHONE # _____

Do not write here:

PLAYER'S # _____